

WING TIME @ THE DELI



9pm - 11pm EVERYDAY

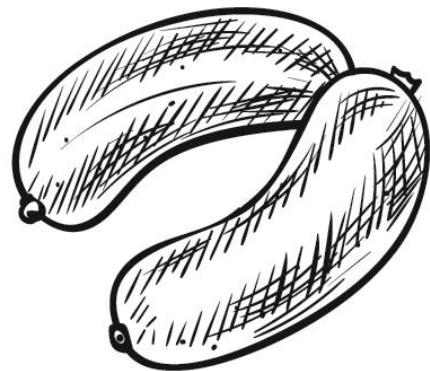
WINGS

7oz of boneless wings served with BBQ,
buffalo sauce or naked

475-685 Calories | \$7.99

Additional information available upon request.

2,000 Calories a day is use for general advice, but calorie needs vary



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DELI FAVORITES

Italian Cheese VEGETARIAN

melted cheese, fresh tomatoes, and basil

Half 194 Calories | \$3.49

Full 388 Calories | \$6.09

Meat Ball Hoagie

Meatballs, marinara & mozzarella

6in. 719 Calories | \$6.49

12in. 1438 Calories | \$10.49

Chicken Parm

Chicken, marinara, mozzarella & parmesan cheese

6in. 665 Calories | \$8.09

Chicken Poblano

Grilled chicken, roasted poblano peppers, and melted cheese

556 Calories | \$7.59

BBQ Beef & Cheddar

Tender beef in smoky BBQ sauce, topped with sharp cheddar

606 Calories | \$9.49

SOUP & EXTRAS

Soup

Bowl of soup: 10oz (2) daily selections

105-420 Calories | \$4.49

Mozzarella Sticks

4 deep fried breaded mozzarella sticks

served with marinara sauce

440 Calories | \$6.49

Avocado, cheese

54-120 Calories | \$.99 each

Bacon, turkey, ham, chicken

90-120 Calories | \$1.99

\$7.49

Half sandwich*
&
Soup combo
614 - 685 Calories

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California Turkey Ciabatta

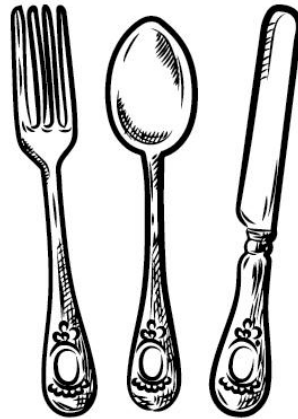
Turkey, avocado, tomato, and lettuce on a toasted ciabatta bun
\$9.49 | 468 Calories

Bacon Chicken Ranch

Chicken, bacon, provolone, tomato, lettuce & ranch dressing with your choice of buffalo or BBQ
\$9.09 | 780 Calories

The American

Cheddar cheese, turkey or ham caramelized onion, lettuce & mayo
Half \$5.29 | 258 Calories
Full \$8.49 | 516 Calories

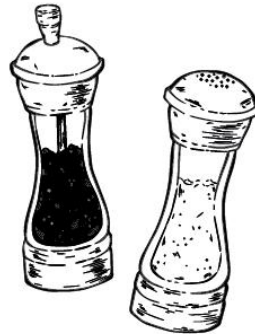


Middle Eastern Hummus Ciabatta VEGETARIAN

hummus, fresh cucumbers, tomatoes, and greens on a toasted ciabatta bun.
\$7.79 | 456 Calories

BBQ Turkey Panini

BBQ sauce, and melted cheese, all pressed to perfection
\$7.99 | 470 Calories



Ham & Cheese Panini

ham and melted cheese, pressed between crispy, toasted bread
\$7.99 | 553 Calories

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DAILY PASTA SPECIALS

Three Cheese Penne

MONDAY SPECIAL

490 Calories | \$8.99

Chicken & Tomato Alfredo Bake

TUESDAY SPECIAL

436 Calories | \$8.99

BU Super Mac & Cheese

WEDNESDAY SPECIAL

695 Calories | \$8.99

Penne & Sausage

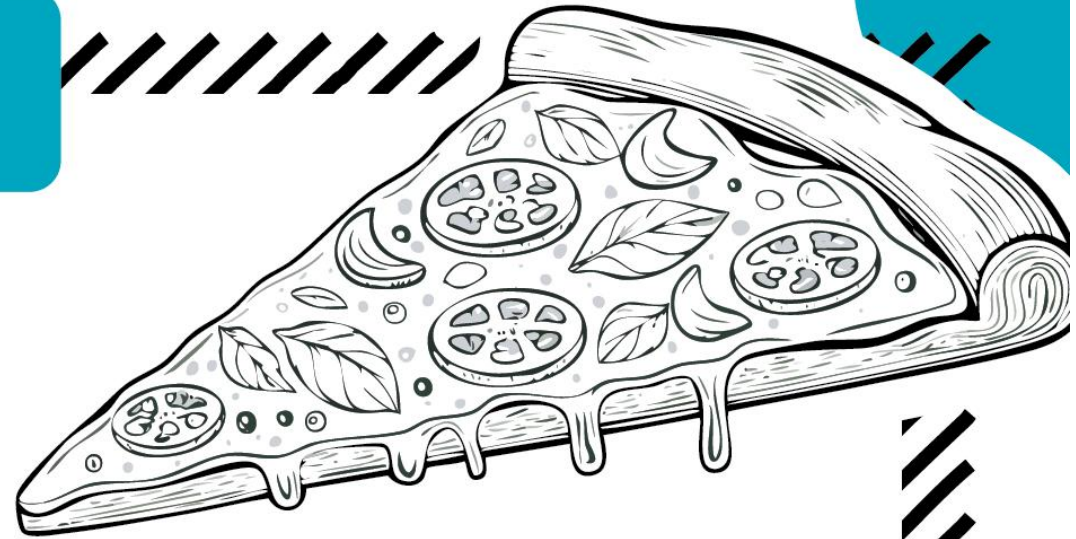
THURSDAY SPECIAL

513 Calories | \$8.99

Cavatappi Alfredo

FRIDAY SPECIAL

340 Calories | \$8.99



PIZZA BY THE SLICE

Cheese or Daily Favorite

ALTERNATING Pepperoni or Sausage

\$4.49 PER SLICE

250 - 280 Calories

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